



K TIGERS

TAEKWONDO

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Effective September 7th, 2020

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	SATURDAY
			9:30 – 10:30 AM Women's Cardio Kickboxing		9:00 – 10:00 AM Women's Cardio Kickboxing
10:20 - 11:05 AM					Little Ninjas (3-5 year old)
11:20 - 11:50 AM					Intermediate Black Belt Club
12:00 – 12:30 PM					Advanced Black Belt Club
4:00 – 4:40 PM	Existing Blue – High Red	Little Tigers (5-8 years old) White – New Green	Black Belts	Little Tigers (5-9 years old) Existing Green & Higher	
4:50 - 5:30 PM	White – New Blue	Little Tigers (5-9 years old) Existing Green & Higher	Brown – Bodan	Little Tigers (5-8 years old) White – New Green	
5:40 – 6:20 PM	Little Tigers (5-8 years old) White – New Green	White – New Blue	Existing Blue – High Red	Black Belts	
6:30 – 7:10 PM	Little Tigers (5-9 years old) Existing Green & Higher	Brown – Bodan	6:50 PM ZOOM LIVE	Existing Blue – High Red	
7:20 – 8:00 PM	Brown – Bodan	Black Belts		White – New Blue	

	Monday	Tuesday	Wednesday	Thursday	Saturday
Little Ninjas (3-5 years old)					10:20 AM
Little Tigers (White – New Green)	5:40 PM	4:00 PM		4:50 PM	
Little Tigers (Existing Green & Higher)	6:30 PM	4:50 PM		4:00 PM	
White – New Blue	4:50 PM	5:40 PM		7:20 PM	
Existing Blue – High Red	4:00 PM		5:40 PM	6:30 PM	
Brown – Bodan	7:20 PM	6:30 PM	4:50 PM		
Black Belt		7:20 PM	4:00 PM	5:40 PM	
Women’s Cardio Kickboxing			9:30 AM – 10:30 AM		9:00 AM – 10:00 AM
Advanced Black Belt Club					11:20 PM
Intermediate Black Belt Club					12:00 AM